RISING

is about leading with high expectations…
for the growth and development of spirit, mind, and
body…for the ambitious pursuit of personal and
professional excellence.

Rising is about committing every day
to be the best individuals we can be.

TOGETHER

is about community forging a new culture…
of collegiality, collaboration, trust, and
interdependence…creating new connections of
support with one another…expanding opportunities,
deepeing collaborations, pursuing integration to
enhance and expand the mission we share.

Rising together, we will achieve more.
Mission, culture and excellence are the three invisible but powerful forces that make Adventist University of Health Sciences an outstanding center of teaching, learning, and achievement.
In my first year at ADU, three forces—mission, culture and excellence—have been like my nautical compass, a steady guide through waves and wind. Since I came on board, ADU’s commitment to our foundational mission: developing skilled professionals who live the healing values of Christ, has not wavered. This mission is our anchor. It grounds everything we are, everything we do, everything we stand for. In 2018 strategic planning sessions, ADU leaders renewed our commitment to this mission.

We also made a new commitment: to cultivate a renewed culture on campus, one that honors ADU’s first 25 years of achievement while reflecting new currents of possibility, cooperation, collaboration, and integration.

As a sociologist, I have studied the power of culture in shaping the aspirations and achievements of both solitary individuals and entire communities. At ADU, our culture of quiet competence, kindness, and compassion is key to our students’ success. Our people are the source of that amazing culture. We have gifted and talented individuals who are model educators, excel in clinical practice, lead in academic research, shine in student care, and distinguish ADU in zones of innovation.

As we continue to strengthen our culture of inclusive collegiality, disciplined professionalism, and unfailing respect for one another, we ensure that ADU will continue to attract highly qualified faculty, staff, and students, producing professionals with unparalleled skills and uncommon compassion.

Our third commitment, to achieve new levels of excellence, calls us to aim higher. Now poised for a season of unprecedented growth, ADU has the potential to become an international leader in the science of faith and healing. With the creation of the Institute for Healthcare Education Ministry in collaboration with Florida Hospital, ADU is poised to become a global center of research. We will embark on a new mission to reveal the powerful connections between spirit and flesh, prayer and recovery, faith and healing. We will explore and publish new scientific evidence around the mysterious, divine force that defines our human existence, drives our desire to care for one another, and develops our capacity for lives of service.

As we live the healing values of Christ, we are rising together indeed.
After 27 years of using his prepared mind to grow Adventist University of Health Sciences, David Greenlaw, ADU founder and president, retired July 31, 2017. Under Greenlaw’s leadership, ADU grew from a mere idea in 1990 to a fully accredited institution of academic and spiritual excellence.

At its opening, ADU offered four associate degrees and one certificate. Today, 20 degrees and certificates are available at associate, bachelor’s, master’s, and doctoral levels. Enrollment has climbed from 243 in the first year to nearly 2,000 undergraduate and graduate students today.

“Dr. Greenlaw took on a monumental task... to build an institution focused on teaching healthcare as ministry,” said Lars Houmann, Adventist Health System chief operating officer. “ADU’s incredible progress is a testament to his hard work and vision.”

“Chance favors the prepared mind.”
Louis Pasteur
1992
Florida Hospital College of Health Sciences opens with 243 students, 20 faculty, four degrees and one certificate.

1993
LPN students from the one-year Practical Nursing Program are first graduates.

1996
Level I accreditation granted, covering all professional programs. New nursing building dedicated.

1998
Level II accreditation granted, covering baccalaureate degrees.
2002
Bachelor of Health Science and Associate of Science in Nuclear Medicine Technology degrees offered.

2008
Bachelor of Science in Biomedical Sciences, a dedicated pre-med degree, and Master of Science in Nurse Anesthesia offered.

2009
ADU Denver campus opened.

2010
HOPE (Healing through Occupation, Purpose and Excellence) Clinic opened.
<table>
<thead>
<tr>
<th>Year</th>
<th>Event/Announcement</th>
</tr>
</thead>
<tbody>
<tr>
<td>2012</td>
<td>Florida Hospital College of Health Sciences becomes Adventist University of Health Sciences.</td>
</tr>
<tr>
<td>2013</td>
<td>ADU hosts first Colloquium on theme of Moral Courage.</td>
</tr>
<tr>
<td>2017</td>
<td>Center for Population Health Research opens. ADU has nearly 2,000 students, 250 faculty and staff, 20 degrees and certificates, and several continuing education programs.</td>
</tr>
</tbody>
</table>
STUDENTS BY THE NUMBERS

Fall 2016 to December 2017

Total Student Enrollment

1809

Graduates

638

Gender

21% ♂
79% ♀

Religion

81.4% Christian
10.7% Non-Religious
2.3% Non-Christian
5.6% Unknown

Ethnicity

40% White
29% Hispanic
16% Black
7% Asian
8% Other

1491 Undergraduate
318 Graduate

Orlando

1387

Denver

42

Online

380
Nursing Leader

ADU Alumna Shezel O’Neal
Leads with Clinical Excellence

Shezel O’Neal was just 6 years old when she decided to be a nurse. As she met her new baby brother at Florida Hospital Orlando, she fixed her attention on the hands caring for him and decided her hands would do that work someday. Fast forward to 2018, and O’Neal, a graduate of Adventist University of Health Sciences, is now the Associate Vice President of Nursing and Assistant Chief Nursing Officer at Florida Hospital Celebration Health.

“As a nursing leader, I help other leaders with all of the inpatient responsibilities... overseeing quality metrics, and setting a foundation for the next generation of nurses that come in,” O’Neal said. “I have a very solid foundation from the program that I was in at ADU. They taught leadership skills, research skills, quality skills, and clinical excellence. That really helped my career moving forward and as a nurse leader.” She graduated from ADU first with her Associates degree, then her BSN. Selecting ADU for her undergraduate work was an easy choice. “Having the ability to do my clinicals at Florida Hospital was one of the reasons I wanted to go to ADU,” she said. “I knew that this was the organization I wanted to work for. I knew this was the mission I wanted to be part of.”

In addition to clinical excellence, she said the philosophy and mission shared by ADU and Florida Hospital were a big part of the attraction.

“Creation Health and spiritual care is an big part of our care here at Florida Hospital... learning mind, body, spirit, was an emphasis through our foundational skills at ADU,” she said. “Our clinical experiences really encouraged whole person care and allowed us to explore that, through prayer, through faith... and do that for our future patients.”

“I’m very proud of the skills that I graduated with, and of the faculty that shaped my nursing career. I feel like I was very successful when I graduated, not only to take the NCLEX... but also to incorporate into the culture of Florida Hospital,” she said. “Now I’m able to see on the other end, and we do see that they have great clinical skills, we see that students have a solid foundation for nursing. I’m proud to be part of that. I’m proud to have my undergraduate degree from ADU. That degree also prepared me for admission to a local university where I completed my doctoral degree in nursing practice.”
Paying It Forward

Hubbell Nursing Scholarships
Giving is Very Important

When Stella Hubbell was in nursing school at Columbia Union College, she had two jobs: attending and passing all her classes and working the 3 p.m. to 11 p.m. hospital shift six or seven days a week. She graduated in 1956 with her nursing degree, alongside business major Gerald, who would soon be her husband. The two moved to Florida to build a funeral home, which proved to be very successful, providing a foundation for other business ventures as well. In 2007, they sold one of those businesses and decided to endow a nursing scholarship at Adventist University of Health Sciences. Today, the fund continues to assist between six and nine students each year, often making a critical difference in their lives.

Stella knows firsthand the value of good education and strong faith. Years before college, marriage and business success, Stella was a young teen in the coal-mining region of Western Pennsylvania, mourning the loss of two brothers and father. The three deaths left her mother alone, with two daughters to raise. Friends from their Adventist community encouraged her mother to send her, and later her sister, to an Adventist boarding school in Ohio. “When I go back to my hometown, I thank my mother for sending me off to Mt. Vernon Academy on that bus all by myself,” she said. “It has done so much for my sister and me.” At Mt. Vernon, she helped pay for her tuition by working in the school’s bakery, building up a credit of $800 in her student account, which she asked be transferred to her account at Columbia Union College. Her foundation in generosity came from her father.

Just down the street from his shoe shop was a store which sometimes displayed the latest fashion. One day, a beautiful suit caught young Stella’s eye. She asked her father if it might be hers, but quickly learned its cost exceeded what her father was willing to pay. “I said, ‘You know dad, you’ve got that jar full of change,’” she said. Her father’s response was swift and strong. She can quote him to this day. “Oh no, that’s God’s money!” he bellowed. “That’s for
our neighbors, for people out of work, who need groceries. That’s for us to help them.” She didn’t get the suit, but the lesson took hold. “Tithing and giving to church is very important to me,” she said, her voice thick with emotion, “because of the way he was about it.”

Today, Stella and Gerald Hubbell continue to model her father’s ethic of giving. “Supporting scholarships is not like giving money and not knowing what happened, or what it accomplished. We know we helped somebody’s life get better. We made an impact on a life. The parents of young people who get scholarships come up and hug you and kiss you, they feel it too... it’s a blessing really,” she said.
In 2013, Jenny Collins embarked on a trip to India with seven students of physical therapy. Prior to their departure from U.S. soil, Professor Collins had each student complete a cross cultural adaptability inventory, and asked them to keep reflective journals during their time in India.

A researcher at heart, she repeated the inventory and collected the journals upon their return, hoping to capture insights about the 10-day service learning experience for possible publication.

Several more trips and five years later, the paper has been accepted for publication in December 2018, with Collins and her fellow ADU physical therapy educator Elizabeth Clark as primary authors - “Impact of an International Service Learning Experience in India: Short and Long-Term Benefits” in the Journal of Allied Health. “People often describe things as a labor of love,” she said. “It’s fair to say that this paper, and the whole program in India, is just that. This was not something that was easily executed from any perspective, but ultimately publishing is a way to share something with your colleagues because you feel you have something worth sharing.” Early in the program, Collins teamed up with Clark to conduct the research and the program. “One of my favorite memories is from a trip where we had two students who had been to India previously, and were returning a second time to do clinical work,” Clark said. “One morning we loaded four of us into the back of an open-air Jeep, and literally just drove around, house to house, to do evaluations of people in their homes. There was no other way for them to access care.” She said that for the students, experiences like that day—working with people in their homes, witnessing their resilience firsthand, improvising without a gym or
conventional resources or common language—can be life-changing for physical therapy students.

“They must rely on the power of putting hands on another person, reading facial expressions, demonstrating moves rather than describing them,” Clark said. “The experience is profoundly impactful to students who participate.”

The program started serendipitously with a 2012 phone call requesting Collins’ assistance to consult to an educational program in India. “I almost didn’t call back,” Collins said. “But in my gut, I thought there is nothing that physical therapy students need more than this kind of exchange.

The demographics of physical therapy in the U.S. is 96% Caucasian; I always had wished there was more space in the curriculum to expose our students to more diverse cultures.”

Early on, Collins and Clark defined four objectives for the programs:

1. Provide service as the core learning modality
2. Complete academic work and labs in Ayurvedic methods
3. Engage Indian students of physical therapy
4. Include cultural events to further advance cross-cultural competence

In follow-up essays submitted after the service-learning experience, former students have reflected on the impact of all four dimensions of the experience—service, academic, personal, cultural—on them personally and professionally. “The profound impact that students were sharing with me was too much NOT to try to capture,” Collins said. “They shared so many perspectives, their personal beliefs, changed assumptions about the profession… This research is definitely an example of what Dr. Hernandez has been advocating. You can find ways to link your scholarly inquiry as a faculty member with all your teaching. It’s not a separate chore on your list... it complements and enhances your teaching.”

Collins and Clark remain committed to continuing the program despite the high costs. “This trip is $4,300 per student, in part due to the location,” Collins said. In addition to travel, housing and guides, there is tuition for the Ayurvedic Medical College and the Indian Physical Therapy faculty and the team donates therapy supplies such as therapeutic bands and orthotics. Many of the therapy resources easily found in the U.S. are too costly or difficult to find during a 10-day stay in India. The educators believe all the extra efforts and costs are worth it.

“Having students take an active part in international service learning promotes and aligns with the mission of ADU,” Clark said.

“Our students have to be compassionate, flexible, humble, willing to put the needs of others first... it’s a perfect link to the university’s mission to allow such intensive experiences to happen, and to encourage alignment with the value of ADU and humankind.”
GRACE FUND

Emergency assistance provides bridge to graduation for students.

In 2016 and 2017, employees of ADU and Florida Hospital contributed to help ADU students in an emergency or crisis situation stay in school. Their gifts of grace, totaling nearly $44,000, helped 100 students in the past academic year.
Pushing Through Grief

When Jami* lost her father in August of 2016, she wasn’t sure about her future at ADU. Just two weeks after his funeral, she was due to start her most rigorous semester in Radiography. “I didn’t have time to grieve,” she said. “I had to go straight to clinicals, then radiology physics. I don’t even know how I passed that class.” But pass it she did, driven by the inspiration of her dad’s career in radiography.

Her determination, however, was not enough to overcome all obstacles. “I just couldn’t keep up financially,” she said. “I had to quit my job to focus on school or I knew I wouldn’t pass.” When she went to see Chaplain Niesha Steinke, she was welcomed with sympathy and prayer. She was also reminded of the Grace Fund, a pool of money created to help students stay in school through difficult times. “The Grace Fund is the only reason I did not have to leave school before finishing,” Jami said. “I could not have made it on my own.” Now a graduate, she plans to work a year or two in her field before returning to school for additional certifications, and possibly her bachelor’s degree someday. “I still have dreams,” she said. “There are times when the loss still hits me really hard. But I pushed myself to finish on time for my dad. And I’m sure he would be super proud.”

Fuel for Clinicals

After working as an RN in Manhattan for three years, Marie* felt prepared for the Nurse Anesthesia Program at ADU. She had the requisite ICU experience, the academic credentials, and what she thought would be enough financial aid. “We are not able to work at all through the program, and that makes it very challenging,” she said. When a trip to the emergency room left her with a $5,000 bill, her financial situation went from precarious to perilous. Then she was assigned to do her clinicals an hour away. Not only did the commute send her gasoline costs soaring, but one day her car broke down on the highway, leaving her stranded without transportation. “It was a breaking point,” Marie said. Thanks to the Grace Fund, however, she received a gas card that worked kind of like loaves and fishes. “They gave me a gas card with $50 on it. I kept filling up to get to my clinicals, and every time I needed gas it had another $50,” she said. “I can’t believe how much God provided when I didn’t even expect it. I think I used it six times.”

She said the assistance allowed her to focus on the clinicals, care for her patients, and successfully complete her entire rotation. Following her April graduation, Marie is pursuing her work as a nurse anesthetist.

“Moments like the one with the Grace Fund remind me that this is what God wants me to do,” she said. “The blessing was not just the money, but the proof that God does care. He was propelling me through the program with the help I needed. It was a big blessing.”

*Not Her Real Name
Ray Forsythe has become an expert in overcoming the odds. As a young child growing up in Oakland, Florida (population of 710), he learned early there were two sides of the railroad tracks that ran through town. And he figured out pretty quickly what he needed to do if he ever wanted to live on the other side. “No one had to tell me to study, to go to the gym, to work out,” he said.

“I did it because I wanted more for my life. The only way out was to use my God-given abilities in football, so I decided to use them.”

His hard work paid off, and he overcame the odds of his youth to land a Division 1 football scholarship at Kent State. After two long, cold winters in Ohio, he transferred to the University of Central Florida so he could enjoy his junior and senior years under the Florida sun. Post-college, Forsythe’s work ethic, intellect, and athleticism landed him a spot in the NFL as lineman for the Cincinnati Bengals. When a back injury sidelined his football career, he bounced back quickly, landing in a much safer profession that he loved: managing a luxury car dealership. Overcoming the odds again, he made history as the youngest general manager in the company.

Then, after many successful years with Ferrari and Maserati, Forsythe encountered the greatest obstacle
of his life: a hemorrhagic stroke in his central brain stem. On February 7, 2015, at age 42, the stroke left him without the use of his right arm, unable to walk, and without sufficient health insurance.

“My insurance company told me it was only going to cover 20 visits per year,” Forsythe said. “At that time, I’m still in a wheelchair, can’t walk unassisted, and I’m going through 20 visits per month.”

After a stroke, access to occupational therapy in the first months of recovery is critical. Unable to work and facing the choice of paying out of pocket or going without care, Forsythe was relieved to learn that ADU’s HOPE Clinic offered another option.

Begun in 2011 as a volunteer initiative of the ADU Occupational Therapy Department, a rotation through HOPE Clinic is now a requirement for students in the OT program. For ADU masters students, the HOPE Clinic provides invaluable experience.

For Central Florida residents without insurance, the HOPE Clinic has been a life and mobility saver. “It was just a blessing,” Forsythe said. “Milly (an occupational therapist at HOPE Clinic) did some amazing things over there.

We were about to have child number six, so we worked on diaper changing skills, holding the baby, 3-4 days a week, 2-3 hours a day. Milly became a true friend of the family.”

After about six months, the Forsythe insurance gap was resolved when a new policy took effect. Forsythe was able to continue occupational therapy, and today says “paralysis” is no longer part of his vocabulary.

“I still have weakness. I won’t say paralysis, because I finally got everything moving,” he said. “For the first time in three years, I felt my body saying, you are going to get a full recovery... even my right arm is finally starting to come back... slowly but surely.”

As for the future, he’s still considering his options. One possibility: returning to luxury cars. One dream: starting a foundation to help stroke victims like himself.

“I believe in God... we are a very Christian family... I ask, why did God allow this to happen?” he said. “Maybe this is a message from God to help other people... maybe God is giving me a wakeup call to help others in this situation.”

If anyone is up to the challenge, it’s probably Ray Forsythe.

338
Clinic Clients Served To-Date

$334k
Cost of Free Services To-Date
Student to Faculty Ratio

9:1

Internal Research Grant Total

$44.6k
ADU RESEARCH PUBLICATIONS

Academic research projects and publications represent valuable contributions to the ever-expanding body of human knowledge.

In 2016 and 2017, ADU faculty members received internal research grants totaling $44,697. Funded from event designated funds, these seed grants allow faculty members to pursue areas of intellectual inquiry for the greater advancement of knowledge and understanding. Highlights of research dissemination include poster presentations, journal articles, and book chapters.

Articles
Pignataro, R. Tobacco cessation counseling within physical therapist practice: Results of a statewide survey. Physiotherapy Theory and Practice. 2017; DOI: 10.1018/09593985.2016.1226719

Chapters

Posters
Callender, L.F. (2016, May). Retention rate of new graduate nurses. Poster presentation: Evidence-Based Approaches to Nursing Administration, Practice and Education Issues 2016 Conference

(NurCE-A-241). Ida V. Moffett School of Nursing at Samford University, Birmingham, AL.
Case, V. (2017). Collaborative Versus Traditional Learning of Occupational Therapy and Occupational Therapy Assistant Students and the Understanding of the Roles of the Two Levels of Practitioners.
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## Financials  
**2016-2017**

<table>
<thead>
<tr>
<th>Category</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Operating Expense</td>
<td><strong>$34.4m</strong></td>
</tr>
<tr>
<td>Tuition Revenue</td>
<td><strong>$25.3m</strong></td>
</tr>
<tr>
<td>Other Revenue</td>
<td><strong>$9.5m</strong></td>
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<tr>
<td>(Grants &amp; Auxiliary Enterprises)</td>
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</tr>
<tr>
<td>Financial Aid Awarded</td>
<td><strong>$24.3m</strong></td>
</tr>
</tbody>
</table>

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To designate or plan a gift to help students flourish at ADU, contact Carol Bradfield at carol.bradfield@adu.edu or 407-303-8969.
In the 2016 to 2017 academic year, ADU was honored to share the healing values of Christ with nearly 100 groups, organizations, and partners, making a difference in vulnerable populations and neighborhoods in Florida and beyond.

**Sharing the Love of Service**

From July 2016 to December 2017, ADU completed 31,040 hours of service to the Central Florida community, including more than 10,000 hours of service learning. A total of 13,607 hours were devoted to ADU’s “25 for 25” campaign, a year-long commitment of service in the community to celebrate ADU’s 25th Anniversary. ADU served a total of 4,170 hours in both 2016 and 2017 with our annual service days as part of our Mission Week.

**Sharing the Love of Science**

In June 2016, ADU kicked off its Summer Science Expedition, a week-long day camp for Boys and Girls Clubs middle-schoolers that shares the value and fun of S.T.E.M. education.

ADU hosts the program, for the third year in 2018, with support from local businesses/individuals. Generous donors, grants, sponsors, and in-kind support cover almost 80% of Summer Science Expedition costs.
Sharing the Love of Neighbors

In September 2017, ADU proudly collaborated with Florida Hospital, local churches, and the Florida Conference of Seventh Day Adventists to support victims of Hurricane Maria in Puerto Rico.

The highly successful Blessings for Puerto Rico campaign continues to transport necessary food, water, medicine and personal items to friends and neighbors in Puerto Rico.

Sharing the Love of Wellness

In October 2017, ADU hosted a Wellness Fair for students, faculty and staff, sharing valuable information on how to be the healthiest possible you.

Valuable resources and education came from service learning, community partners, and colleagues from Florida Hospital.
INAUGURATION HIGHLIGHTS

“I see ADU becoming known as a singular place of academic learning and spiritual development… where young people come in as students, and leave as exceptional practitioners who reflect and exemplify uncommon compassion.”

Daryl Tol, ADU Board of Trustees Chair and Florida Hospital Central Florida Division President and CEO, welcomed participants to the ceremony, noting:

“The inauguration of a university president is always a rich and memorable event, steeped in tradition and celebration. The solemnity of the inauguration proceedings indicates the awesome responsibility the Adventist University of Health Sciences president assumes for the wellbeing of this great educational institution and its role in the worldwide Seventh-day Adventist Church.”

The Inauguration may be viewed at https://youtu.be/cMXxasKCLeQ
Welcoming Guests-Sister University Presidents

Celebrating ADU Students

Entering for the Ceremony

Andy McDonald Offers Prayer of Dedication After Presentation of the Mace-Symbol of ADU Authority - From Board Chair Daryl Tol to President
RISING TOGETHER

Nery Cruz (b. 1954)

Commissioned for the January 11, 2018 Inauguration of President Edwin I. Hernández at Adventist University of Health Sciences

In Rising Together, artist Nery Cruz celebrates the divine force uniting Adventist University of Health Sciences, Florida Hospital, and Adventist Health System. The Cross of Christ extends its rays toward the Garden of Miracles, the campus of learning, and the centers of health care, a visual expression of the shared mission to extend the healing ministry of Christ.
Developing skilled professionals who live the healing values of Christ.

Adventist University of Health Sciences, a Seventh-day Adventist institution, specializes in the education of professionals in healthcare. Service-oriented and guided by the values of nurture, excellence, spirituality, and stewardship, the University seeks to develop leaders who will practice healthcare as ministry.